

PRE-OPERATIVE IV SEDATION INSTRUCTIONS

1. Do not have anything to eat or drink for at least eight (8) hours prior to your surgery.
2. Medications should be taken as scheduled with a small sip of water.
 - Diabetic patients should not take their oral medications for diabetes on the day of surgery
 - Diabetic patients taking insulin should administer ½ your normal insulin dose on the day of surgery
 - Hypertensive patients should take their blood pressure medication with a small sip of water at the usual dose and time
 - Please review your medication(s) with the surgeon PRIOR to your surgery
3. A responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home. This person should plan to stay with you after the surgery to take care of you.
4. Anyone under the age of eighteen (18) must be accompanied by their parent or legal guardian.
5. Wear loose fitting clothing without sleeves because an intravenous (IV) line will be placed in your arm.
6. Remove contact lenses, makeup, jewelry, and finger nail polish.
7. Empty your bladder just prior to your surgery.
8. Refrain from driving a vehicle or operating heavy machinery for 24 hours following anesthesia or while taking prescription narcotic pain medications. The intravenous medications used may have lingering effects that impair your judgment or reflexes for up to 24 hours.
9. Avoid smoking or drinking alcohol for at least 48 hours prior to and after surgery.

Please notify our office immediately if you have an illness such as a cold, sore throat, productive cough, fever, or stomach upset before your scheduled surgery.

Please call the office for any other questions at (346) 309-2739.